

# PRE COOKING Instructions

## BEFORE YOU START COOKING

### The first time you use the *SUN OVEN*<sup>®</sup>:

- Read the following instructions and enclosed instruction booklet.
- Remove the protective film from the reflectors.
- Set the *SUN OVEN*<sup>®</sup> facing the sun. Close the glass door and turn both latches over the glass. Leave the *SUN OVEN*<sup>®</sup> in this position for 25 to 30 minutes.
- Using an oven mitt release the latches and open the glass door. Pour 1 ½ cups of water mixed with 1 ½ cups vinegar, with a few drops of dish soap, into a pot and place the pot, without a lid, inside the hot *SUN OVEN*<sup>®</sup> and close and latch the glass door.
- Realign the *SUN OVEN*<sup>®</sup>.
- Leave the *SUN OVEN*<sup>®</sup> in the sun for 90 to 120 minutes with the open pot of soapy water. Every 30 minutes realign the oven.
- After the oven has been heated and well steamed completely clean the inside of the chamber and the inside of the glass door with the hot soapy water/vinegar mixture. While cleaning, it is best to scrub hard on the interior of the glass around the area where the glass meets the black gasket.
- Now you're ready to start cooking.